WHERE WE WORK: MORRISVILLE & JOHNSON
To select the towns in which to launch our county efforts, we look at certain demographics, household income, nutrition intake, and health outcomes. We work with our stakeholder group to assess need based on this data and readiness based on qualitative interviews. May 2019 marked one full year working in Morrisville and Johnson, amplifying the good work of the community to build environments that support healthy lifestyles.

STAKEHOLDER GROUP
ORGANIZATIONS REPRESENTED:
Vermont Department of Health, Copley Hospital, UVM Extension, Lamoille Family Home Health & Hospice, Laraway Youth & Family Services, Healthy Lamoille Valley, Vermont Blueprint for Health, Lamoille Family Center, Chuck’s Bikes

MEET YOUR LOCAL RISEVT LEADER
COLE PEARSON
Cole Pearson is the Program Manager for RiseVT-Lamoille County, leading the efforts in 2018 to bring a multi-sector stakeholder group together, identify the launch towns, and implement initiatives in Morrisville and Johnson. Cole comes to RiseVT with over a decade of experience in healthcare, beginning as a Licensed Nursing Assistant, advancing to a Licensed Practical Nurse, and then to a Staff Nurse II on a very busy and technical General Surgery floor at UVM Medical Center. Cole was already working at Copley Hospital as an Infection Preventionist/Quality Analyst when the position to work with RiseVT opened up. Cole continues to work as a Health & Wellness Nurse at Copley Hospital while also working as the RiseVT Program Manager.
**OUR WORK IN ACTION**

19

Amplify Grants distributed in Morrisville and Johnson. Each funded initiative ties into at least one of the Center for Disease Control and Prevention 24 Strategies to Prevent Overweight & Obesity.

$24,999

Total grant funds distributed to infuse healthcare reform funds into Morrisville and Johnson, increasing opportunities to embrace healthy lifestyles where Vermon ters live, work, learn, & play.

3 projects across sectors where we live, work, learn, and play

The RiseVT Program Manager in Lamoille county led 3 projects and participated in multiple health outreach events and activities. The projects collectively served a wide spectrum of ages, from young children to older Vermon ters. All three projects were community-wide initiatives and encouraged community engagement and increased opportunity for physical activity.

**LOCAL PROGRAM HIGHLIGHT**

Just across the covered bridge from the rail trail in Jeffersonville, Vermont, is now the site of a new picnic area, launch site, and trail to the access point for the Lamoille Paddlers Trail. Together, members of the paddlers club (a volunteer driven, community effort to improve recreational opportunities along the Lamoille River), members of Cambridge Rotary Club, the River Conservancy, and select board members and paddlers from Bakersfield, Jeffersonville, Johnson, Morrisville, Wolcott, Glover and Craftsbury all worked for several hours to construct and erect signs and stairs for the new site. A RiseVT Amplify grant provided the funding for the supplies needed to build the trail and do the site work. The Jeffersonville Rotary came through with the funds to build the BBQ grill that was installed by the volunteers as well as homemade picnic tables and temporary shade structures. This location is now a great picnic stop on the rail trail and the paddlers trail. The site was graciously donated by the land owner who is seeking to permanently conserve the land through the River Conservancy as a public easement.

[Image]

[Website: WWW.RISEVT.ORG]