WHERE WE WORK: ALBURGH, BERKSHIRE, ENOSBURG, FRANKLIN, HIGHGATE, MONTGOMERY, RICHFORD, SHELDON, ST. ALBANS CITY, ST. ALBANS TOWN, SWANTON

To select the towns in which to launch our county efforts, we work with our stakeholder group to review certain demographics, household income, nutrition intake, and health outcomes, as well as readiness. In 2019, work expanded to Montgomery, Berkshire, and Richford.

STAKEHOLDER GROUP

SUMMARY OF ORGANIZATIONS REPRESENTED:
Town schools and supervisory unions, libraries, town governing bodies, recreation departments, planning comissions, healthcare organizations, local organizations and associations, and local businesses including: Barrette Ford, Ben and Jerry’s, Duke’s Fitness Center, Greenwoods Bakery, Maple City Candy, Maple Leaf IT, Messenger Print and Design, Mylan Technologies, New Beginnings Fitness, People’s Trust Company, The Abbey Group, Vermont Precision Tools.

MEET YOUR LOCAL RISEVT TEAM

TOP ROW, L to R:
Betsy Cherrier Fournier, Program Manager
Denise Smith, Regional Director
Renee Creller, Program Manager
Jessica Frost, Program Manager

BOTTOM ROW, L to R:
Moretti, School Based Wellness Specialist
Amy Brewer, Program Manager
Faith DuBois, Program Assistant
Brian Clukey, Program Manager

WE WORK ACROSS SECTORS

BUSINESSES
Improving wellness policies, increasing healthy food options, encouraging movement, and making worksites breastfeeding friendly.

SCHOOLS
Improving wellness policies, bringing mindfulness to classrooms, encouraging school meals best practices, and launching walk-to-school days.

MUNICIPALITIES
Improving town policies, enlisting civic engagement, making towns more walkable, and increasing healthy food access.
Amplify Grants distributed in Alburgh, Berkshire, Enosburg, Franklin, Highgate, Montgomery, Richford, Sheldon, St. Albans City, St. Albans Town, and Swanton. Each funded initiative ties into at least one of the Center for Disease Control and Prevention 24 Strategies to Prevent Overweight & Obesity.

Total grant funds distributed to infuse healthcare reform funds into Alburgh, Berkshire, Enosburg, Franklin, Highgate, Montgomery, Richford, Sheldon, St. Albans City, St. Albans Town, and Swanton, increasing opportunities to embrace healthy lifestyles where Vermonters live, work, learn, & play.

RiseVT Program Managers in Franklin & Grand Isle counties led 42 projects over the past year. The projects collectively served the entire spectrum of ages, from prenatal women to older Vermonters. These projects have crossed multiple sectors, including schools, local community service organizations, municipalities, and several were community-wide initiatives.

RiseVT-Franklin & Grand Isle Counties worked with a broad group of stakeholders serving on a district-wide wellness committee to develop a new wellness policy for the Maple Run Unified School District in St. Albans. The committee advocated for the adoption of this new policy and it was passed on June 5, 2019. Some of highlights of the committee’s improvements include: (1) Offering nutrition education at every grade level and recognizing the importance that Farm to School offers for additional physical activity and nutrition education; (2) Providing at least 30 minutes of varied physical activity to all students in addition to physical education classes; (3) Limiting food and beverage marketing to the promotion of only those foods and beverages that meet the USDA Smart Snacks. The committee used the Whole School, Whole Child, Whole Community Framework (WSCC) and relied on the School Health Index and the Alliance for a Healthier Generation’s model wellness policy to improve the score from 30% to an impressive 82%! This policy will impact the health and wellness for thousands of children in the region.